

**BLESSING THE HANDS THAT FEED US: LESSONS
FROM A 10-MILE DIET**

Lewis Forge

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The Mile Diet | Nourish: Food + Community

Editorial Reviews. Review. "An entertaining and informative memoir/self-help guide to living well on locally grown food." Kirkus. About the Author. Vicki Robin.

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Blessing the Hands That Feed Us: Lessons from a Mile Diet eBook: Vicki Robin, Frances Moore Lappe, Anna Lappe: idacaruw.ga: Kindle Store.

Blessing the Hands that Feed Us Lessons from a mile Diet

Featuring recipes throughout, along with practical tips on adopting your own locally sourced diets, Blessing the Hands That Feed Us is a candid.

Blessing The Hands That Feed Us by Vicki Robin

Could you live - for even a month - eating only food grown within 10 miles of your home? Why would you even want to? Vicki Robin.

Blessing the Hands that Feed Us: Lessons From a 10 Mile Diet with Vicki Robins [06/01/15]

Event in Boston, MA by The Jamaica Plain Forum on Monday, June 8

Related books: [The Matchmakers Happy Ending \(Mills & Boon Cherish\) \(Mothers in a Million, Book 2\)](#), [Where Is The Love, Adult Learning Principles 1: Engaging the Adult Learner \(Adult Learning Series\)](#), [The Indian Boys Last Petition \(Seeds of Empowerment - 1001 Stories Series\)](#), [Lukes Orthography & Spellwell](#), [The Scientific Angler](#).

Steven Gdula. She is the coauthor of the bestselling Your Money or Your Life.

And the personal connections with the producers of food she cultivated and the I found the book quite interesting. Susannah Seton. CommunityReviews. The title should be at least 4 characters long. Skip to main content.